



**PILGRIMS  
HOSPICE  
SOCIETY**



**COMPASSION  
FOR THE JOURNEY  
SUPPORT  
FOR FAMILIES**

## ABOUT US

Pilgrims Hospice Society (PHS), offers compassionate care for individuals living with a terminal illness, enhancing dignity and quality of life, from diagnosis until the end of life. With a whole-family approach, we also support caregivers and those grieving the death of a loved one from any cause.

As a registered charity and not-for-profit organization, PHS has delivered quality programs in Edmonton and surrounding communities in Alberta since 1994.

## RESIDENTIAL PROGRAM

The Roozen Family Hospice Centre offers 24/7 nursing care in a warm and family-friendly, end-of-life residence with 12 comfortable suites for individuals in the final stages of life. The Centre provides programming that helps support both the ill person and their loved ones, from diagnosis through to death and the grief journey.



Integrated programs and services offer support to individuals, children, teens, families and community, including respite for caregivers, counselling for those who are grieving the death of a loved one and knowledgeable staff that can help answer any questions or concerns around end-of-life.

# ADMISSION PROCESS

We are a welcoming, relaxed and family-friendly place that enables meaningful memories during life's precious last months, weeks and days.



**There is no fee to stay at the Roozen Family Hospice Centre.**

The admission process into your loved one's new home starts with our staff taking some basic information including their Alberta Health Care Number, their main contact information, and your contact information (if different).

The primary admission criteria are:

- A life-threatening progressive illness with an estimated prognosis of 3 months or less.
- CI goals of care - no longer seeking active, curative treatment.

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Contact us and our Care Navigator will follow up to answer your questions and arrange a tour. Priority will be given to those in the most urgent need.

**Contact us:**

P: 825-467-8599

E: [referrals@pilgrimshospice.com](mailto:referrals@pilgrimshospice.com)

# HOSPICE COMMUNITY PROGRAMS

Pilgrims Hospice community programs provide both one-on-one and group support for individuals facing a life-threatening or life-limiting illness. Through the efforts of staff and volunteers, these programs help improve the quality of life for those at the end of life, and provide much-needed respite for their caregivers.

## DAY PROGRAM

- A recreation and wellness program serving ten clients a day. The program runs Monday, Tuesday and Wednesday.

## HOME VISITING PROGRAM

- One-on-one support and companionship for individuals in the community with a palliative diagnosis.

## NO ONE DIES ALONE

- Providing around-the-clock vigil for those in the final hours of life who would otherwise be alone.



# GRIEF PROGRAMS

We each experience loss and grief in a unique way, and likewise, our responses to the process of healing are as individual as we are. As we grieve, it is helpful to connect with others for support, to process the feelings of grief and loss, and explore the tools available to us as we cope, reconcile, and begin to heal. We're here to help. Grief Programs are open to anyone grieving the death of a loved one from any cause.

**There is no cost to access Grief Programs.**



## COUNSELLING

All adult clients will be enrolled in our Intro to Grief, a four-week group counselling program. Children and teens will be enrolled in our eight-week Expressive Arts program. Counselling may be offered as an option for further support with up to three one-on-one sessions for adults, children, teens and families.

"I have two people in my life that took advantage of your grief counselling and it helped immensely at a time [when] they felt absolutely hopeless. We learn so much about living and yet our other certainty, dying, is left for us to wonder and guess. Thank you Pilgrims Hospice for being here."

- Barbara Mickelson



## CHILDREN/TEEN PROGRAMS

- Expressive Arts: Children, Teens & Families
- Coloured Tears Summer Program
- Teen Retreats

## ADULT PROGRAMS

- Introduction to Grief
- Dragonflies Adult Support
- Healing Hearts Drop-in
- Moving Forward: Spousal Loss
- Heartstrings: Child Loss

## COMMUNITY OUTREACH

In the event of a sudden or an expected death, grief counsellors are available to support families, communities, schools and employers, through in-service consultations, workshops, grief counselling and training.

Pilgrims Hospice Society also offers educational workshops and presentations on topics related to grief and end-of-life for the public, and also by request from professional organizations.

### Contact us:

P: 587-414-1148

E: [griefsupport@pilgrimshospice.com](mailto:griefsupport@pilgrimshospice.com)

# HOME VISITING HUB

Pilgrims Hospice Society is pleased to launch our Home Visiting Hub Program, which now includes Home Visits from Primary Palliative Care Physicians. This service is intended to bridge the gap for those living with a life-threatening progressive illness at home who do not have access to a primary care provider.



Our team is able to offer 24/7 coverage for patients in the community on a non-urgent and urgent basis.

Examples of non-urgent calls: rescheduling an appointment, non-urgent prescription renewal, message for physician, minor change in health status, expected death in the home.

Examples of Urgent calls: pain crisis that has not improved with breakthrough medications, sudden change in consciousness, uncontrolled symptoms, severe discomfort.

## Contact us:

P: 587-415-3537

E: [homevisits@pilgrimshospice.com](mailto:homevisits@pilgrimshospice.com)

Non-urgent messages can be sent via email:  
[homevisits@pilgrimshospice.com](mailto:homevisits@pilgrimshospice.com)

E-mail is monitored Monday-Friday 8am-4pm

# HOW YOU CAN HELP

Find out how we can support you and your loved one by reaching out to Pilgrims Hospice Society today.



## DONATE TODAY!

Pilgrims Hospice Society is a non-for-profit organization and your donation makes it possible to provide care at no cost.

Make a tax deductible gift to Pilgrims Hospice Society and become part of a growing community supporting individuals and families on their end-of-life or grief journey.

### Contact us:

P: 587-735-2373

E: [donations@pilgrimshospice.com](mailto:donations@pilgrimshospice.com)



## CONTACT US

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780-413-9801  
[info@pilgrimshospice.com](mailto:info@pilgrimshospice.com)

